

Coach Mentorship Program

This is a 10 week program that includes:

1. Preliminary meeting with the Technical Director to establish the mentee's goals and align them to the correct program within the Bryst Development Model.
2. Establish dates and times the mentee will commit his or her time to.
3. Model LTPD appropriate coaching to the mentee, including GAG and coaching methodology during the sessions
4. Monitor the mentee's confidence to interact with the players in the role as assistant coach.
5. Prepare the mentee to coach part of a GAG session.
6. Observe mentee coach's session.
7. Discuss the session with the mentee how the session went. Allow for mentee reflection.
8. Repeat 5-7 until the mentee is ready to coach a full GAG session independently to the Bryst Football Academy standard.